

## CURRICULUM VITAE

**Marit Helene Hem**  
**Born 1961**

**Private Address and Telephone:** Ekerudstubben 13, NO-1476 Rasta, Norway; tel.: + 47 67 900 908 (p), +47 950 86664 (m).

**Office Address and Telephone:** Section for Medical Ethics, Institute of General Practice and Community Medicine, Faculty of Medicine, University of Oslo, PO Box 1130 Blindern, NO-0318 Oslo, Norway; tel.: 22850661; +47 95086664; fax: +47 22850590; e-mail: [m.h.hem@medisin.uio.no](mailto:m.h.hem@medisin.uio.no)  
Married, no children.

### Current positions:

- Researcher, Section for Medical Ethics, University of Oslo, February-December 2009, research project: *A qualitative study of coercion in nursing homes.*
- Post doctoral researcher, Section for Medical Ethics/ The Ethics Programme, University of Oslo, August 2009-August 2012, research project: *Mapping a normative terrain of an ethics of care - the case of psychiatry.*

**PhD-thesis:** *Mature care? An empirical study of interaction between psychotic patients and psychiatric nurses.*  
Public oral defence: 2008-04-04.

**Areas of academic interest:** health care work in acute psychiatry, power dynamics in (psychiatric) care, ethics in psychiatry, medical ethics, qualitative research methods, research ethics, theory of science.

### Publications and presentations: (Publications that have been through peer review are listed in bold).

Cf. also "Frida":

<http://wo.uio.no/as/WebObjects/frida.woa/wa/fres?action=sok&etternavn=hem&fornavn=Marit+Helene&visParametre=1&bs=50>

- Poulsen, Helge; Eriksson, Britt; Brehm, Klaus; Brehm, Evelyn; Beauvoir, Francine; Schröder, Peter; Hem, Marit Helene; Crapuchette, Bruce (2009). The new relational paradigm for the new millennium. Challenges in couples therapy: clinical experiences, methodological development and findings in relational research - Imago Relationship Therapy: theory and clinical demonstration. 11th European Congress of Psychology; July 10.
- Hem, Marit Helene (2009). Mature care and nursing in psychiatry. Some notions on reciprocity in asymmetric professional relations. [Scientific lecture]. Workshop UiO: Care and Normativity. Philosophical and Empirical Challenges. May 28.
- Hem, Marit Helene (2009). **Personer med psykisk lidelse.** Forskningsetisk bibliotek (FBIB) - Nasjonal nettressurs for undervisning i forskningsetikk, De nasjonale forskningsetiske komitéer. Online: <http://etikkom.no/FBIB/Temaer/Forskning-pa-bestemte-grupper/Personer-med-psykisk-lidelse/>
- Hem, Marit Helene (2009). **Moden omsorg? En empirisk studie av samhandling mellom psykotiske pasienter og psykiatriske sykepleiere** [Scientific lecture]. Høgskolen Diakonova, May 11.
- Hem, Marit Helene (2009). **Har tenkningsgrunnlag betydning i hjelpearbeid? En diskusjon med utgangspunkt i sykepleie i akuttpsykiatri.** [Scientific lecture]. Psykiatri i Nord, Regional conference, Tromsø, May 7.
- Hem, Marit Helene (2009). Kvalitativ forskning i medisin og helsefag – betraktninger om karakteristika og kvalitet. [Scientific lecture]. Regional komité for medisinsk og helsefaglig forskningsetikk (REK Sør-Øst), March 27.
- Hem, Marit Helene (2009). **Kvalitativ forskning i akuttpsykiatri – perspektiver på analyse og etikk.** [Scientific lecture]. Masterutdanning i psykisk helsearbeid, Høgskolen i Oslo, February 13.
- Hem, Marit Helene (2008). **Etikk og analyse av kvalitative forskningsdata – et eksempel fra akuttpsykiatri** (Ethics and analysis of qualitative data – an example from acute psychiatry). [Scientific lecture]. Etikkseminaret (the Ethics Seminar), UiO, October 16.
- Hem, Marit Helene (2008). **Kvalitativ forskning i akuttpsykiatri – utfordringer knyttet til tillit og mistillit** (Qualitative research in acute psychiatry – challenges for the view on trust and distrust). [Scientific lecture]. Forskerkurs (Research Seminar), UiO, Faculty of Medicine, Section for Medical Ethics, August 29.

- Hem, Marit Helene (2008). **Etikk og analyse av kvalitative forskningsdata fra akuttpsykiatri** (Ethics and analysis of qualitative data from acute psychiatry). [Scientific lecture]. Department for Acute Psychiatry, Lovisenberg Deaconal Hospital, June, 11.
- Hem, Marit Helene (2008). **Mature care? An empirical study of interaction**. [Scientific lecture]. Philosophy and Ordinary Life, Network of Nordic Women in Philosophy, 7<sup>th</sup> conference, UiO, June 9-10.
- Hem, Marit Helene (2008). Mistillit i hjelperelasjoner – et underbelyst tema (The neglect of distrust in professional relations). [Scientific lecture]. Lovisenberg Deaconal Hospital, May, 23.
- Hem, Marit Helene (2008). **Mature care? An empirical study of interaction in between psychotic patients and psychiatric nurses**. PhD thesis. Oslo: Unipub Forlag.
- Hem, Marit Helene (2008). **Analysér av kvalitative data, herunder etiske overveielser. (Analysing qualitative data, ethical considerations included)**. Scientific lecture in connection with public oral defence of dissertation, April 3.
- Hem, Marit Helene (2008). Mistillit i hjelperelasjoner – et underbelyst tema (The neglect of distrust in professional relations). [Scientific lecture]. UiO, Faculty of Medicine, ISH, Alumnus, February, 13.
- Hem, Marit Helene; Heggen, Kristin; Ruyter, Knut (2008). **Creating trust in an acute psychiatric ward**. *Nursing Ethics* **15**(6), 777-788.
- Hem, Marit Helene; Nortvedt, Per; Heggen, Kristin (2008). **“Only a manic depressive!” The zone of the untouchable and exceeding limits in acute psychiatric care**. *Research and Theory for Nursing Practice* **22**(1), 56-77.
- Hem, Marit Helene; Heggen, Kristin; Ruyter, Knut (2007). **Questionable requirement for consent in observational research in psychiatry**. *Nursing Ethics* **14**(1):41-53.
- Hem, Marit Helene; Heggen, Kristin (2006). "Bare maniker, liksom!". Om urørlighetssonen og grenseoverskridelser i akuttpsykiatri [Vitenskapelig foredrag]. Seminar at Department for Acute Psychiatry, Lovisenberg Deaconal Hospital, June 7.
- Robinson, Hilde Stendal; Bjorbækmo, Wenche; Rugseth, Gro; Mengshoel, Anne Marit; Vøllestad, Nina; Heggen, Kristin M; Hem, Marit H.; Schriver, Nina; Juul-Kristensen, Birgit; Engelsrud, Gunn (2006). Dokumentar – en problematisk sjanger (Documentary – a problematic genre). [Contribution for debate]. *Fysioterapeuten* (Physiotherapist) **73**(1):33-34.
- Engelsrud, Gunn; Rugseth, Gro; Bjorbækmo, Wenche; Robinson, Hilde Stendal; Vøllestad, Nina; Heggen, Kristin M; Hem, Marit H.; Mengshoel, Anne Marit; Schriver, Nina (2005). Dokumentar, en problemfri sjanger? (Documentary, a non-problematic genre?). [Contribution for debate]. *Fysioterapeuten* (Physiotherapist) **72**(11):30.
- Bjorbækmo, Wenche; Rugseth, Gro; Hem, Marit Helene; Juritzen, Truls; Riis, Ragnhild; Smedbråten, Bente (2005). Relations of power-an ontological discussion. [Scientific Lecture]. The 6<sup>th</sup> Nordic Physiotherapy Congress.
- Hem, Marit Helene; Heggen, Kristin Margrete (2004). **Is compassion essential to nursing practice?** *Contemporary Nurse* **17**(1-2), 19-31.
- Hem, Marit Helene; Heggen, Kristin Margrete (2004). **Rejection - a neglected phenomenon in psychiatric nursing**. *Journal of Psychiatric and Mental Health Nursing* (11), 55-63.
- Hem, Marit Helene; Heggen, Kristin Margrete (2003). **Being professional and being human: one nurse's relationship with a psychiatric patient**. *Journal of Advanced Nursing* **43**(1), 101-108.
- Hem, Marit Helene (2001). 'Vil du være min venn?' En studie av dilemmaer i relasjoner mellom psykiatriske sykepleiere og psykotiske pasienter. ('Do you want to be my friend?'. A study of dilemmas influencing the 'psychiatric nurse-psychotic patient' relationship in psychiatric acute wards'). In: *Psykososialt perspektiv på lidelse: dokumentasjon fra forskningskonferanse innen UNISKA nettverket. (Psychosocial perspectives on suffering: research conference, UNISKA-network)*. Hummelvoll, Jan Kåre; Granerud, Arild; Severinsson, Elisabeth (eds.). Elverum: Hedmark University College, pp. 51-64. ISBN 82-7671-173-1.
- Hem, Marit Helene (2001). 'Vil du være min venn?' En studie av dilemmaer i relasjoner mellom psykiatriske sykepleiere og psykotiske pasienter. ('Do you want to be my friend?'. A study of dilemmas influencing the 'psychiatric nurse-psychotic patient' relationship in psychiatric acute wards'). [Lecture]. *Psykososialt perspektiv på lidelse: forskningskonferanse innen UNISKA nettverket*. (Research conference: psychosocial perspective on suffering). Elverum: Hedmark University College.
- Hem, Marit Helene (2000). 'Vil du være min venn?' En studie av dilemmaer i relasjoner mellom psykiatriske sykepleiere og psykotiske pasienter. ('Do you want to be my friend?'. A study of dilemmas influencing the 'psychiatric nurse-psychotic patient' relationship in psychiatric acute wards'). Master Degree Thesis. Oslo: Section for Health Science, University of Oslo.

- Finnbakk, Elisabeth Bell; Hem, Marit Helene (2000). Tverrfaglig hovedfagsstudium - en spennende mulighet for sykepleiere (Interdisciplinary Master Degree Studies - an interesting challenge for nurses). *Tidsskriftet Sykepleien* (Norwegian Nursing Journal) 2:60-61.

**Submissions and work in progress:**

Articles on the following subjects: mature care and psychiatric care; mature care and asymmetric professional relationships; ethical uncertainty in qualitative research; use of coercion in nursing homes.

**Education:**

- 2008: Philosophiae Doctor (PhD), University of Oslo.
- 2000: Master Degree in Health Science, University of Oslo.
- 1997: Preparatory course in statistics and research methods, University of Oslo.
- 1997: Basic course in pedagogy for university college teachers, Østfold University College.
- 1992: Psychiatric nursing diploma (RPN), Oslo University College.
- 1986: Basic nursing degree (RN), Akershus University College.
- 1983: Foundation course (minor: 'grunnfag' (60 credits)) in criminology, University of Oslo.
- 1981: Foundation course (minor: 'grunnfag' (60 credits)) in psychology, University of Oslo.
- 1980: Preparatory course in phonetics and linguistics, University of Oslo.
- 1980: Examen Philosophicum, University of Oslo.

**Employment:**

- 2009 - : Researcher/ Post doctoral researcher, Section for Medical Ethics, University of Oslo.
- 2007-2008: Researcher, Section for Health Sciences, University of Oslo.
- 2003-2007: PhD-student, Section for Health Sciences and the Ethics Program, University of Oslo.
- 2002: Research Fellow, Section for Health Sciences and the Ethics Program, University of Oslo.
- 1996-2003: Lecturer (nursing/psychiatric nursing), Østfold University College.
- 1991-1993: Nurse/psychiatric nurse, Dikemark Mental Hospital, Oslo.
- 1989: Nurse, Vålerengen Nursing Home, Oslo.
- 1986-1996: Nurse/psychiatric nurse, Department of Psychiatry (acute ward), Lovisenberg Deaconal Hospital, Oslo.

**Various professional activities:**

- 2009 -: Participation in application for funding for establishing *Skandinavisk Forskningsnettverk for Sykdomsinnsikt og Brukermedvirkning*. (Plan for oppbygging av nettverk for brukernær forskning på alvorlige psykiske lidelser og behandling). Leader: Geir Lorem, University of Tromsø (in addition: Fredrik Svenaeus, Anna-Karin Neubeck, Kristin Heggen and Truls Juritzen).
- 2009 -: Member of *Nettverk for forskning og kunnskapsutvikling om bruk av tvang i det psykiske helsevernet* (Netfort); leader: Georg Høyser, University of Tromsø (<http://www.tvangsforskning.no>).
- 2009: Participation in *post doctoral program* (10 months); responsible: professor Julianne Cheek, Institute of Nursing and Health Sciences, UiO.
- 2009: Participation in *Educational Training* (12 months); Det Norske Imago Institutt/ Imago Relationships International.
- 2009: *Leader* of one commission for treating applications for a position within the field of (re)habilitation, Oslo University College.
- 2009: Translation (together with Peter Schröder) of curriculum for Basic Clinical Training in Imago Relationship Therapy; Imago Relationships International: 300 pages from English to Norwegian.
- 2008: *Leader* of three commissions for treating applications for promotion to Associate Professor. Norwegian Association of Higher Education Institutions (UHR)/ National Academic Council for Health Sciences (NFH/ Institute of Nursing and Health Sciences (ISH)).
- 2008-2010: Member of the *Clinical Ethics Committee* (CEC) at Lovisenberg Deaconal Hospital.
- 2007-2008: *Project coordinator*: applications for promotion to Associate Professor. Norwegian Association of Higher Education Institutions (UHR)/ National Academic Council for Health Sciences (NFH/ Institute of Nursing and Health Sciences (ISH)).

- 2007 -: *Research supervision Master theses*: 1) Line Kildal Bragstad: (experiences with being handicapped and needing technical remedies, 2007-2009); 2) Anne Cathrine Wik (experiencing exercise among teenagers with obesity, 2009); 3) Gry Elisabeth Juvelid (power dynamics in the caring for mentally retarded people, 2007- -); 4) Kristin Andersen (seclusion in psychiatric health care work, 2009 --).
- 2007: Responsible (together with Associate Professor Solveig Hauge, Section for Nursing Science, University of Oslo) for Master degree Course: *'Theoretical and ethical foundation of nursing science*, Section for Nursing Science, University of Oslo.
- 2006-2007: Responsible (together with Associate Professor Kari Nyheim Solbrække) for a *project* at Section for Health Sciences aiming at supporting students to finish their final exam ('hovedfag').
- 2005: Journal article reviewing: *Health Policy* – one manuscript.
- 2005-2007: *Member* of the Institute of Nursing and Health Sciences' *advisory board*.
- 2004 - 2009: Responsible (together with Professor Kristin Heggen, Associate Professor Kari Nyheim Solbrække, Section for Health Science, University of Oslo, and Research Fellow Nina Schriver, Section for Health Science, University of Oslo/Centre for Cultural Research, University of Aarhus, and PhD-student Elisabeth Fransson) for Master Degree Course: *'Analyzing Qualitative Data'*, Section for Health Science, University of Oslo.
- Presentation of the PhD-project in the research ethics journal 'Forskningsetikk' 4/2004: "For mye personvern – ikke god forskningsetikk" (Norwegian).
- 2003 - 2006: Responsible (together with Professor Kristin Heggen and PhD-student Truls Juritzen) for Master Degree Course: *'Care, power and dignity'*, Section for Health Science, University of Oslo.
- 2003: Project leader: Introducing studentactive learning methods: digital learning methods ('Classfronter'), Section for Health Science, University of Oslo.
- 2002-2003: Coordinating Master Degree courses (two) in *ethics* (together with Associate Professor Per Nortvedt), Section for Health Science, University of Oslo.
- 2002/2003 - now: External censor at Hedmark University College (Seprep), Agder University College (bachelor of science in nursing degree); Molde University College (bachelor of science in nursing degree), Høyskolen Diakonova (bachelor of science in nursing degree).
- 1996-2003: Teaching and lecturers in different topics related to psychiatric health care work/psychiatric nursing at the University of Oslo, different university colleges and hospitals.
- 2000: Interview by Fredriksstad Blad (2/10-00): 'Søstre som forsker' ('Nurses doing research').
- 1999: The Norwegian Nurses Association Scholarship (NOK: 50.000,-).
- 1999: Commenting on manuscript: Strand, L. *Mental ernæringsbok for sykepleiere: Stille døgn i Bethesda. (Mental Nourishment for Nurses: Silent Days in Bethesda)*. Oslo: Universitetsforlaget, 2000.